

## OUR SERVICE



### SUPPORT FOR THE SOCIAL ENVIRONMENT

We offer counselling for family and friends in the context of conspiracy narratives and esotericism: In person in our Berlin office, by telephone, by video, and via a secure online platform through mail or chat. The service is free, confidential, tailored to individual cases and can be used anonymously if desired.



### COLLEGIAL CASE CONSULTATION

We support professionals in youth welfare, education and psychosocial services in navigating ideological conflicts they encounter in everyday practice.



### CHILD WELFARE CONSULTATION

We also offer consultation on child welfare concerns in the context of conspiracy beliefs, in accordance with Section 8a of the German Social Code (SGB VIII).



### SUPPORT GROUP

In moderated group meetings, relatives of individuals who believe in conspiracy theories have the opportunity to share experiences, learn from others and find mutual support and relief.



### EXIT AND DISENGAGEMENT COUNSELLING

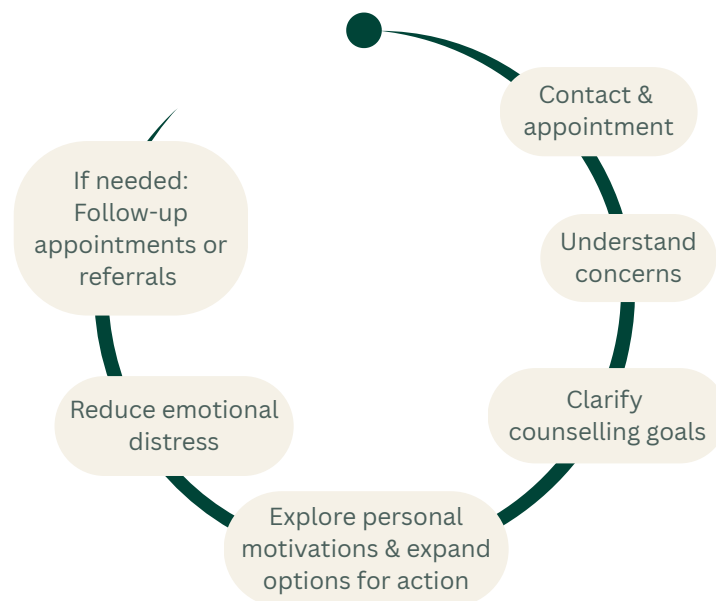
We offer counselling to individuals who are open to dialogue and beginning to question conspiracy beliefs or rigid ideological worldviews that have become a source of stress or conflict in their lives. Together, we explore their doubts and help them navigate the challenges of distancing and finding new perspectives.

## OUR APPROACH

We work in a resource- and solution-oriented, trustworthy and empathic manner to **reduce the pressure of suffering and strengthen strained relationships**. Even if we often work with the social environment, this can make a significant long-term difference. It is important to us that people with alternative beliefs can also contact us – completely voluntarily, without prejudice and on an equal footing.

Whether alone or together with relatives – we offer a **safe space for conversations**. Change can take many forms – sometimes it begins in one's social environment, sometimes within oneself.

## COUNSELLING PROCESS



# veritas<sup>✓</sup>



Counselling Center for people affected by conspiracy theories

[WWW.VERITAS-BERLIN.DE](http://WWW.VERITAS-BERLIN.DE)

## Speechless?

Are conversations about the media, crises and wars a source of conflict in your family and do they repeatedly escalate?

## Worried?

Conflicting ideas about health, education or spirituality? You as parents want the best for your child – but your paths don't align?

## Stressed?

Is someone you care about constantly trying to convince you of “true” stories and opinions from alternative media?

## Insecure?

Incel? Sigma? Red Pill? Do conversations about topics like masculinity and feminism cause tension and uncertainty in your surroundings or among your peers?

## Alarmed?

Have you noticed that someone in your environment is preparing intensively for an alleged system collapse or exit and refers to the Federal Republic of Germany as a GmbH (limited liability company)?

If people believe in conspiracy theories, for example about the allegedly **controlled media landscape, chemtrails or the New World Order**, this can put relationships in the family, among friends or at work to the test.

Not only personal, but also professional relationships come under pressure when differing beliefs lead to **mistrust, concern, or silence**.

Social interactions can be strained in many ways – such as through withdrawal into **esoteric beliefs**, the allure of supposed promises of salvation, or alignment with ideas from **Reichsbürger, self-administration, or Incel circles**.



Our counselling team creates a space for **exchange, guidance and support** in dealing with such challenges.

If you feel powerless but want to stay connected despite all the conflicts and worries, we are here for you.

# veritas?

Beratungsstelle für Betroffene  
von Verschwörungserzählungen

## CONTACT

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Or scan the QR code and contact us via our website. On-site, by phone, video, through mail or chat. We are here for you.  
Free of charge. Confidentially.  
Anonymously if you wish.



Operating organization

**IZRD**  
Interdisziplinäres Zentrum  
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